

REUSABLE NAPPIES



VS



PLASTIC DISPOSABLE NAPPIES

- Made from oil/fossil fuels = climate change
- Used once - 6,500 per baby/1 tonne of plastic
- 3x cost to dispose of = 4% of domestic rates bill for everyone
- Often end up in landfill as difficult to recycle poo
- Breaks up into small bits of plastic and ingested by birds & sea creatures
- Can get back into human food chain including all the toxic chemicals in the plastic
- Human health damaged eg fertility
- Convenient and no capital investment
- Children often end up staying in nappies until 3+
- Easy to use

REUSABLE WASHABLE NAPPIES

- Made from a variety of materials - cotton, plastic, bamboo, hemp & wool (last three more sustainable than the first two)
- Used many times - 30 per baby, reused by other babies
- Mostly home compostable when the fabric has deteriorated beyond further use - nothing to landfill
- Laundry cost - energy and detergent and water - one load less than the cost of one day of disposables
- Takes time to hang them up to dry
- Children tend to potty train quicker at 1 or 2 years old.
- Investment initially unless able to use a nappy library
- Modern ones are easy to use and come in a wide range of colours & designs