



Item	In use now? Yes/Don't know/ Not measured	Use Instead	Done?
Nappies		Cloth (bamboo, hemp, cotton)	
Wet wipes inc. biodegradable and bio plastic		Cloth, home made from kitchen paper & natural products	
Balloons, especially if helium filled		Cardboard, paper, clay, windmills	
Glitter/Sequins		Hole punch leaves, flowers, petals, paper	
Cutlery		Metal, bamboo – sporks	
Crockery		Washable eg pottery, porcelain, glass	
Clingfilm		Lids	
Gloves		Bare hands – wash, one hand only if essential (open wounds/infections)	
Aprons		Cloth – wash, PVC	
Shoe covers		Indoor shoes, slippers, bare feet	
Nappy sacks		Re-useable wet bags	
Plastic bags		Fabric, reusable	
Bin liners		No liner – wash bin	
Water bottles		Reusable bottles – metal, plastic or glass	



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Fruit, vegetables in plastic bags		Greengrocers, deliveries in crates, re-use own bags	
Straws		Go without, paper, metal pasta	
Milk		Glass bottles, reusable lids, recyclable cardboard	
Paper towels wrapped in plastic		No wrappers, recycled paper	
Toilet paper wrapped in plastic		No wrappers, recycled paper	
Washing liquids		Concentrated liquid in large bottles, re-use smaller bottles	
Liquid hand wash & don't use anti-bac		Soap on a rope, refillable smaller bottles	
Laminator sheets		Print on shiny card	
Plastic wallets		Re-use what you have, just hole punch	
Laundry liquids		EcoEgg	
Plastic toothbrushes		Bamboo toothbrushes	
Sanitary products		Into nappy bins for incineration, encourage alternatives that are reusable.	
"Convenience" pack lunches		Pack lunch policy includes no one-use plastic.	
Party products		Party Hamper – hire to parents	
Packets of biscuits etc.		Bake your own	