

REAL NAPPIES



VS



Plastic Disposable Nappies

- ♻️ Made from oil/fossil fuels = climate change
- ♻️ Used once – 6,500 per baby/1 tonne of plastic
- ♻️ Costs 3x cost to dispose of/4% of domestic rates bill for everyone
- ♻️ Often end up in Landfill/difficult to recycle due to poo
- ♻️ Breaks up into small bits of plastic – ingested by birds and sea creatures – suffered, injured and killed eg whales, turtles, sea birds
- ♻️ Can get back into human food chain – toxic chemicals in the plastic
- ♻️ Human health damaged eg fertility
- ♻️ Convenient and no capital investment – children often end up staying in nappies until 3 or even 4
- ♻️ Easy to use

Reusable Washable Nappies

- ♻️ Made from a variety of materials – cotton, plastic, bamboo & hemp & wool (last 3 more sustainable than first 2)
- ♻️ Used many times – 30 per baby, reused by other babies (eg 3)
- ♻️ Mostly home compostable when fabric has deteriorated beyond further use – nothing to landfill
- ♻️ Laundry cost – energy and detergent and water – one load less than cost of one day of disposables
- ♻️ Takes time to hang them up to dry or use tumble drier
- ♻️ Children tend to potty train quicker, 1 or 2
- ♻️ Investment initially unless able to use a nappy library
- ♻️ Modern ones easy to use, and fun colours and designs