

SUSTAINABILITY CHECK LIST

Item	In use now?	Use Instead	Done?
<u>One-use Plastic - STOP</u>			
Nappies		Cloth (bamboo, hemp, cotton)	
Wet wipes	inc. biodegradable	Cloth, home made from kitchen paper & natural products	
Balloons, especially if helium filled		Cardboard, paper, clay, windmills	
Glitter		Hole punch leaves, flowers, petals, paper	
Sequins		As glitter	
Cutlery		Metal, bamboo - sporks	
Crockery		Paper, plants, pottery	
Clingfilm		Lids	
Gloves		Bare hands – wash, one hand only if essential (open wounds)	
Aprons		Cloth – wash, PVC	
Shoe covers		Indoor shoes, slippers, bare feet	
Nappy sacks		Re-useable wet bags	
Plastic bags		Fabric, reuseable	
Bin liners		No liner – wash bin	
Water bottles		Re-useable bottles – metal, plastic or glass	
Coffee cups		Thermos cups with lids	
Straws		Go without, paper, metal	
Fruit, vegetables in plastic bags		Greengrocers, deliveries in crates, re-use own bags	
Milk		Glass bottles	
Paper towels wrapped in plastic		No wrappers, recycled paper	
Toilet paper wrapped in plastic		No wrappers, recycled paper	
Washing liquids		Concentrated liquid in large bottles, re-use smaller bottles	

Liquid hand wash & don't use anti-bac		soap on a rope, refillable smaller bottles	Done?
Laminator sheets		Print on shiny card	
Plastic wallets		Re-use what you have, just hole punch	
Laundry liquids		Eco Egg	
Plastic toothbrushes		Bamboo toothbrushes	
Sanitary products		Into nappy bins for incineration, encourage alternatives that are reusable.	
"Convenience" pack lunches		Pack lunch policy includes no one-use plastic.	
Party products		Party Hamper – hire to parents	
Packets of biscuits etc.		Bake your own	
General Purchasing – STOP/Reduce			
New plastic toys		If essential, prefer second hand, wooden (FFC), metal, charity shop	
Stuff that only lasts a little time		Invest in better stuff to keep for longer	
Plastic washing up brushes		Coconut husk, metal.	
Washing up cloths eg j-cloths		Buy Re-usable – cut up old towels, wash.	
Laundry powders		Eco Egg	
Laundry softener sheets		Eco Egg	
Meat and Dairy		Reduce quantity & frequency, plant based diet	
Packets of food – pasta, rice, cereals etc.		Buy from zero waste shop	
Photocopying		Reduce quantity – double screens, parent info by email, website, fb, software, reduce quality, use B&W	
Hand towels		Fabric, electric hand drier	
Formaldehyde		Buy furniture from solid wood	
New furniture/storage		Buy second hand/charity shop, repair and upcycle.	

Climate Change Actions		INVEST	Done?
Reduce fossil fuel use		Change supplier to "renewable"	
Fluorescent light bulbs		LEDs	
Heating/hot water on		Timers – 7 day, 24 hour	
Lighting on		Movement/Light sensors	
Gas, Oil boilers		Infra red, solar panels, renew – efficient, heat exchanger	
Diesel, petrol cars		Electric, hydrogen	
Idling outside nursery		Switch off policy	
Vehicle use		Sustainable Travel policy – walking, bikes, car sharing, lifts, public transport, government cycle scheme, secure bike park, showers, lockers, training.	
Items being transported a long way		Buy local policy Have fewer deliveries – daily to weekly to monthly	
Clean Air Actions			
Aerosols		alcohol/essential oils with sticks, electric powered air fresheners (natural essential oils)	
		Outdoor plants	
		Indoor plants	
White goods		Buy best quality, A++, opt to return to manufacturer if on offer	
Toxic and new paint		Low VOC, re-engineered paint	
Waste Monitoring			
Too much Waste		Ordering too much food? Return or give spare food to staff and parents rather than waste it Recycle specifics such as crisp packets, batteries, baby food packets, pens & biros Make Eco Bricks	

<p>Too much waste (Contd)</p>		<p>Composting – outside Electric composter inside Wormery Take photos of excessive packaging and complain/return to supplier Reduce size and frequency of collections Recycle bins – increase if necessary Check your waste isn't being exported to poor countries and being dumped or tipped</p>	
<p>Extinction</p>			
<p>Toxic bug spray and weed killers Damage to habitat Lack of knowledge</p>		<p>Grow organic fruit & veg on site Grow flowers for bees, bug hotel Respect and care for nursery pets Reading and telling stories, about sustainability – plastic pollution, recycling Activities – sand, water, clay, mud. Learn about local flora and fauna</p>	